



### **Ark Valley Dental**

Dr. Susan Davis  
719) 966-5088

**INSURANCE:** Contact office for network participation

**COST:** \$\$ - \$\$\$\$

**AGE:** 6 months+

[www.arkvalleydentist.com](http://www.arkvalleydentist.com)

### **The SLP Lab**

Suzanne Henriquez, MA, CCC-SLP  
425) 891-4120

**INSURANCE:** NO. Accepts HSA, will provide Superbill

**COST:** \$65/25-minute session

**AGE:** 1.5 years+

[www.theslpab.com](http://www.theslpab.com)

### **BV Pilates and Movement**

Ann Samson, NCPT, MS, OTR

**INSURANCE:** NO

**COST:** \$\$

**AGE:** 13+

719) 220-0684

### **The Center for Human Consciousness Wellness Clinic + Energy School**

Irene Doherty, LMT, RPP, ERYT  
720) 440-3344

**INSURANCE:** NO

**COST:** Starting at \$50/treatment

**AGE:** 12+

[www.irenedoherty.com](http://www.irenedoherty.com)

### **Somatic Trauma Resolution Therapy**

Lois Arndt, STR Therapist  
719) 322-4124

**INSURANCE:** NO

**COST:** \$\$

**AGE:** 4+

[www.loisarndt.com](http://www.loisarndt.com)

### **Soul Expansion - Counseling & Breathwork**

Barbara Lydon, MA, LPC  
719) 204-3688

**INSURANCE:** Aetna, Cigna, Anthem BC/BS, OPTUM,  
United Healthcare

**COST:** Starting at \$85/session

**AGE:** 13+

[www.soulexpansionco.com](http://www.soulexpansionco.com)

### **Juniper Counseling Services**

Amy Heap, MA, LPC  
719) 398-0018

**INSURANCE:** NO. Accepts HSA, will provide Superbill

**COST:** Starting at \$140/session

**AGE:** 18+

[www.juniper-counseling-services.com](http://www.juniper-counseling-services.com)

### **GaiaTree Acupuncture & Chinese Medicine**

Megan King, L.Ac., Dipl.O.M., M.Ac. OM.  
970) 596-1996

**INSURANCE:** NO. Accepts HSA, will provide Superbill

**COST:** starting at \$55/treatment

**AGE:** infant+

[www.gaiatreeacu.com](http://www.gaiatreeacu.com)

### **Blue Sage Mental Health**

Alexis Norris, PhD, PMH-APRN BC  
719) 398-3305

**INSURANCE:** Aetna, Optum, United Healthcare,  
Cigna/Evernorth, UMR, Tricare/TriWest, Colorado  
Medicaid, CCHA,

Carelon Behavioral Health

**COST:** Starting at \$100/hr - Discount on self-pay

**AGE:** 6+

[www.bluesagementalhealth.com](http://www.bluesagementalhealth.com)

### **Buena Vista Healing**

Sarah Conrad, LMT  
Massage Therapy, Yoga, Meditation, Healing  
978) 764-3386

**INSURANCE:** NO

**COST:** Starting at \$55/treatment

**AGE:** 14+

[www.buenavistahealing.com](http://www.buenavistahealing.com)

### **Kikta Behavioral Health**

Brooke Bundick, LPCC  
719) 678-9400 ext. 505

**INSURANCE:** Aetna, Anthem BC/BS, Optum, United  
Healthcare, Cigna/Evernorth, UMR, Tricare/TriWest,  
Colorado Medicaid

**COST:** Starting at \$75/hour

**AGE:** 12+

[www.kiktabh.com](http://www.kiktabh.com)

### **Vibrant Life Wellness, LLC**

Krystal O'Connell  
(720) 257-9571

**INSURANCE:** NO

**COST:** Starting at \$50/hour

**AGE:** 18+

[www.vibrantlifewellnessllc.com](http://www.vibrantlifewellnessllc.com)